



TAKEAWAY  
MENU

## BREAKFAST

Toast & Butter .....	£1.50
Teacake.....	£1.70
Croissant /Pain au Chocolat .....	£1.80
Bacon or Sausage Bap.....	£3.00
Bacon & Egg Bap .....	£3.50
Sausage & Egg Bap .....	£3.50
Bacon & Sausage Bap.....	£4.00

## LA BONNE SOUPE

Home-made Soup with Crusty Bread.....	£2.50
---------------------------------------	-------

## SPECIALITY SANDWICHES

Big Fat Greek Pitta .....	£4.50
Pitta Bread with Feta, Tomatoes, Black Olives, Mixed Leaves, Hummus, Red Onions and Peppers	
Big Fat Italian .....	£4.50
Toasted Ciabatta with Salami, Proscuitto, Mortadella, Mozzarella, Sun Blush Tomato, Pesto, Rocket & Basil Dressing	

## MEDITERRANEAN SANDWICHES

Tomato, Mozzarella & Basi .....	£3.25
Proscuitto, Tomato, Mozzarella & Basil.....	£3.50
Spicy Prawns & Rocket.....	£3.50
Salami, Tomato, Mozzarella & Basil.....	£3.50
Spicy Chicken.....	£3.50
Chicken & Roasted Mediterranean Vegetables .....	£3.50
Hummus & Roasted Mediterranean Vegetables .....	£3.25

## TRADITIONAL SANDWICHES

Tuna Mayonnaise .....	£3.00
Egg Mayonnaise .....	£3.00
Lancashire Cheese .....	£3.00
Honey Roast Cumbrian Ham .....	£3.25
Coronation Chicken .....	£3.25
BLT – Bacon, Lettuce and Tomato with Mayonnaise.....	£3.25
Chicken, Bacon, Lettuce and Tomato with Mayonnaise.....	£3.50
Prawns in a Sun Blush Tomato Mayo.....	£3.50
Cartmel Valley Smoked Salmon.....	£3.50

## PANINI'S

Tomato, Mozzarella & Basil .....	£3.75
Proscuitto, Tomato, Mozzarella & Basil .....	£4.00
Salami, Tomato, Mozzarella & Basil.....	£4.00
Spicy Chicken.....	£4.00
Bacon & Brie .....	£4.00
Ham & Cheese .....	£3.75
Tuna & Cheese .....	£3.75
Chicken, Mediterranean Vegetables & Mozzarella .....	£4.00
Mediterranean Vegetables & Goats Cheese..	£3.75
Caramelised Onion & Goats Cheese.....	£3.75

## SALAD BOXES

£4.75 each

### Chicken Caesar Salad

Kos Lettuce, Chicken Breast, Fresh Anchovies, Parmesan Shavings, Croutons & Caesar Dressing

### Warm Chicken & Bacon Salad with Toasted Pine Nuts & Croutons

### Greek Village Salad

### Tuna Salad Nicoise

New Potatoes, Egg, Anchovies, Mixed Salad, Tuna & Olives

### Italian Salad

Proscuitto, Mozzarella, Sun Blush Tomatoes, Basil, Mixed Leaves & Toasted Pine Nuts

### Warm Chicken & Chorizo Salad with Toasted Pine Nuts & Croutons

Additional Fillings 50p each

# CAKES

Please ask staff for cakes

# DRINKS

Filter Coffee .....	£1.80
Espresso .....	£1.80
Cappuccino .....	£2.20
Latte .....	£2.20
Mocha.....	£2.20
Americano.....	£1.80
Hot Chocolate.....	£2.20
Tea .....	£1.70
Earl Grey/Herbal/Mint/Fruit Tea .....	£1.70
Syrups for Coffee .....	£0.40
Extra Shot of Coffee .....	£0.50
Cans .....	£0.90